

## The Priory Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10.00am News & Current events read from newspaper  11.00am painting with Corine	09.30am Hand/nail therapy  11am - 12.30pm Reminiscence with Kent Library Resources	9.30am - 11.30am Charlotte's exercise class	9.00am - 11am Hairdresser  11.00am - 12.30pm Physical Motivation Co.	10.00am News & Current events from newspapers  10.30am - 12.30pm Aromatherapy/massage with Corine	11am to 3pm Carers read individual letters, cards, books & newspapers to residents.  Take residents for walks in garden.	11am Sherry morning - a pre-lunch glass of sherry & nibbles while listening to classical music.
1.30pm - 3pm Individual therapy	1.30pm - 3pm Jig Saw puzzle & card games	1.30pm-4pm Outing - Yalding 4pm to 5pm Church Service	1.30pm - 3pm Films from Yesturyear	1.30pm - 3pm Craft/card making/modelling clay/baking dough		

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
10am News & current events  10.30 - 12.30pm Reminiscence Quizz  2.00pm Solomon Production of 'Rock around the Cock'	10am - 12.30pm Painting and drawing with Corine  1.30pm - 3pm One to One resident choice - massage, chatting, life stories, ride out around the village	10am - 12.30pm Old Time Musical Vera Lynn, George Formby - Name that tune!  1.30 - 3pm Charlotte's exercise class to music.	9.00am - 12.30pm Hairdresser  11.00am - 12.30pm Physical Motivation Co.  1..30pm - 3pm Life story/Reminiscence Box, old photos and memorabilia.	10am News & current events from newspapers 11am Flower arranging with Anita  1.30 - 3pm Cultural Visits - looking at other countries customs and life styles. Places visited by residents.	11am to 3pm Carers read individual letters, cards, books & newspapers to residents.  Take residents for walks in garden	11am Sherry morning - a pre-lunch glass of sherry & nibbles while listening to classical music